

Summer Food Fun!

Turn those "Summertime Blues" into "Summer Lovin" with food that will make you look and feel great!

Join us for a fun discussion on diet and wellness with nutrition expert Dana Martucci DTR, and get some great summer recipes.

Hope you can join us—it will be a "day at the beach"!



Delicious, Healthy Refreshments Will Be Served.

Date: 7/15/08

Time: 7:00 PM

Admission is FREE, but please register at the Lobby Reference Desk, by calling Denise at (732)727-0212 x. 21, or by emailing dleight@lmxac.org.